



# Welcome to your Central Coast Hub

**UNISSON** | IT STARTS *with heart*  
DISABILITY



Unisson Disability is delighted to share our brand new Community Access hub in Wyong. We are proud to continue to invest in high quality services and facilities on the Central Coast, designed for the comfort and enjoyment of our clients. We can't wait to welcome you to our new space - YOUR new hub!

### Facilities Available:

- Convenient location across the road from Wyong Golf Course
- Open floor plan to allow for a variety of activities and programs
- Safe access for staff and clients
- Close to local shops and cafés
- Parking on-site, and close to public transport
- Close proximity to dance, acting and yoga studios

### Meet the Team



**Ben Droll**

**General Manager of Community Services**

Ben has a Masters in Health Science (Development Disability) and has extensive experience working in the disability sector for more than 25 years. Ben is passionate about delivering inclusive and contemporary services for people with disabilities where everyone has the opportunity to live their best life.



**Diana Allen**

**Manager, Client Services**

Diana has been working in the disability industry since 1978 and has years of experience supporting people with disabilities with individualised support at the forefront. She has a Diploma in Community Services, Diploma in Disability Work, and Certificate 4 in Training and Assessment.



**Lauren Davis**

**Team Leader**

Lauren has had a long career and worked in the nursing industry in aged care for over 15 years. She also has worked in mental health aged care, assisting and managing staff with client transitions and breaking down the barriers and stigmas associated with mental health.

### Some of the programs include:

The Wyong Hub offers a range of in-centre and community activities. The activities vary depending on the day of the week and are chosen by the client and supported by our friendly staff.

Other activities available at the hub include employment training, for those looking to learn skills to enter the workforce, as well as general life skills programs for individuals looking to build their confidence and independence.

The programs vary from more technical skills through to personal grooming, travel and transport support and even cooking programs!

### 1. Exploring life-skills

Our life-skills programs will help our clients learn things like cooking, home duties, social skills, computer skills and cyber safety, safety in the community, personal hygiene and grooming, and plenty more based around participation within the community!

### 2. Vocational skills

#### Travel training

To help with travelling on and using public transport, including how to identify bus and train routes, how to respond to changes, the use of technology and understanding risk to travel safely.

#### Time management

Training to develop time management skills, how to plan ahead, prioritise tasks and work to time limits.

#### Money handling and personal budget

Supporting you to build independence with money, to safely purchase items in the community and provide skills to effectively manage money.

#### What to expect in the workplace

Employer and colleague expectations in the workplace, and how they are different from home and school. Expectations in the workplace range from appropriate social interactions and use of technology, to personal grooming and presentation, and will help our clients thrive in the workplace.

### Working in a team and taking instructions

Discuss techniques on building strong work relationships, working well with others and how to interact in a professional and positive manner between other co-workers and managers.

### Building a resume

Resume writing and guidelines on the structure of writing a professional resume and cover letter.

### Interview skills

Engage in role play interview questions and techniques to build confidence and help prepare for future interviews.

### 3. Work Experience and Work Trial

a. We will support with individuals trialling a range of different job types and work experience to find a job that suits them! We work with our network of local employers and provide on-the-job support.



The hub will deliver programs in small groups or in 1:1 support, depending on the stage of the program and client support needs. Our hub at Wyong can also provide mentoring support for people to undertake vocational assessment and explore industry options and career pathways for people depending on their own personal goals and interests.

### Location

Wyong Hub is situated in a quiet location, across from the Wyong Golf Course. It allows the opportunity to enjoy a wide range of social and skill based programs in a safe, inclusive and welcoming environment with plenty of transport options closeby.

For a private consultation and to book a face-to-face tour of Wyong Community Access Hub, scan the QR code here:



### Our address

You can find us at:  
4 Dulmison Avenue, Wyong, NSW, 2259



### Getting there

#### Driving:

- There is plenty of parking available on-site, level with the hub entry.
- Parking is not time limited and is free.
- There are also Disability Parking Spaces outside the office entry.

#### Public transport:

- Wyong train station is 3.5km away.
- Take bus #26 or #79 from the train station to Pacific Highway after Lucca Rd for a 400m walk to the hub.
- These buses also depart from/return to Westfield Tuggerah

### What's nearby?

Within the complex there are cafés for lunch, snacks and beverages. There are plenty of parks and nature reserves within a short drive of the hub.

- Wyong Golf Course is across the road
- Westfield Tuggerah is 10min away
- The Central Coast Regional Sporting & Recreation Complex is 10min away
- Wyong Olympic pool is 3.5km away
- North Wyong Aqua Centre is only 950m away from the hub
- Slam Factory indoor skatepark is 10min away
- Ocean beaches are within a 30min drive from the hub
- Short distance from Wyong Village Medical Centre and Wyong Public Hospital

### Contact us

For more information on the Wyong Hub or to book a private tour, contact us.

☎ 1300 266 222

✉ [hello@unisson.org.au](mailto:hello@unisson.org.au)

🌐 [unissondisability.org.au](http://unissondisability.org.au)







### CONNECT WITH US

1300 266 222

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### OUR ADDRESS

4 Dulmison Avenue, Wyong, NSW, 2259

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